

# menu

## Couvert

Bread, butter, olives, balsamic vinegar, olive oil & chef's homemade paté p/ p 4,50€

## Starters

SOUP OF THE DAY	7,00€
SERRANO HAM WITH MELON	12,00€
MARIA'S GRILLED SQUID	15,00€
FRESH CALAMARI RINGS coated in a light batter & deep fried, served with homemade tartare sauce	15,00€
BOILED SHRIMPS (150gr)	15,00€
AVOCADO WITH PRAWNS	16,00€
FRESH GRILLED GOATS CHEESE on a crostini with a honey and orange dressing, served on a bed of rocket salad	17,00€
PRAWN TEMPURA prawns coated in homemade tempura with sweet chilli dip	17,00€
SEABASS CEVICHE served on fresh avocado	17,00€
OCTOPUS SALAD chopped peppers, red onion and a gazpacho sauce	18,00€
SMOKED SALMON AND AVOCADO TOWER	18,00€
PRAWNS "AL GUILLO" sautéed in olive oil and garlic, flambéed with brandy and white wine	19,00€
CLAMS "BOLHÃO PATO" algarvian style, cooked with garlic, oil and coriander	24,00€
COSTA PRAWNS MARIA'S STYLE	2 units 26,00€
SASHIMI (tuna, salmon or 50/50)	8 pieces 16,00€

## Salads

CAESAR (includes bacon)	12,00€
with chicken breast	16,00€
with prawns	20,00€
(please ask if you would like anchovies)	
TUNA NICOISE with fresh seared tuna - 10,00€ supplement	16,00€
TRICOLORE soft buffalo mozzarella, sliced avocado pear, tomato and pesto with balsamic vinegar and olive oil	16,50€
CORONATION CHICKEN chicken breast with mild curried mayonnaise	16,50€
POKE BOWL SALAD (plain) quinoa, mango, cherry tomato, avocado, pickled cucumber, red cabbage, fried and caramelized onion, edamame beans, sesame seeds.	16,50€
with tofu	19,00€
with salmon or tuna	22,00€
Choose either poke or sriracha mayonnaise dressing, served on the side	
BEEF TAGLIATA (medium-rare) sliced American black angus sirloin, with mushrooms, roasted cherry tomatoes, rocket salad and shaved parmesan with a light salad dressing	25,00€
1/2 portion	15,00€
(please choose salad dressing with or without Truffle oil )	
KYOTO SALAD - Side salad portion edamame beans, chickbeans, diced mango and cucumber in a light salad dressing	12,50€

## Meat

CHICKEN PIRI PIRI	16,00€
MARIA'S GOURMET BURGER Black Angus burger in a bun garnished with onions, bacon, melted mature cheddar cheese, tomato and lettuce.	17,00€
LAMB CUTLETS	33,00€
SIRLOIN - AMERICAN BLACK ANGUS served on a wooden board, sliced and with cherry tomatoes and a choice of either, pepper, mushroom or bearnaise sauce.	42,00€
SURF AND TURF	10,00€ supplement

\* All meat dishes served with either french fries or sautéed potatoes

# S maria RESTAURANT | LOUNGE | BEACH

FOR RESERVATIONS

**289 358 675**

National landline call

Open daily  
12h30 till late



@marias\_algarve

Service is at your discretion and will  
be shared amongst all our staff

## Fish & Seafood

SARDINES	19,00€
SALMON	24,00€
SQUID (WHOLE)	24,00€
SEABASS	34,00€
DOURADA (SEA BREAM)	34,00€
MONKFISH SKEWER WITH PRAWNS	34,00€
TURBOT	37,00€
SOLE	41,00€

\* Fish dishes all served with either fries or new potatoes.

\* Turbot and seabass available pan fried

FRESH OYSTERS (6) - when available	24,00€
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### LINGUINE

salmon and prawns	24,00€
seafood	24,00€
with 2 costa prawns	29,00€

POACHED SALMON with hollandaise sauce, served with new potatoes and pea purée	24,00€
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PORTUGUESE PRAWN CURRY served with african or basmati rice, poppadom and mango chutney, choose mild, medium or hot!!	26,00€
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THAI GREEN FISH CURRY served with basmati rice	27,50€
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TRIO OF FISH served with new potatoes and vegetables	29,00€
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GRILLED GROUPER served with sautéed potatoes, cherry tomatoes and spinach, accompanied with a mediterranean sauce	35,00€
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FRESH SEARED TUNA served on a bed of mediterranean style sautéed potatoes	36,00€
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MONKFISH RICE	for 2 ppl 59,00€
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TIGER PRAWN RICE WITH 2 PRAWNS	for 2 ppl 60,00€
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COSTA PRAWN RICE WITH 3 PRAWNS	for 2 ppl 48,00€
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TRADITIONAL PORTUGUESE CATAPLANA	for 2 ppl 59,00€
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## Prawns

COSTA MARIA'S STYLE	3 units 39,00€
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TIGER (grilled or fried)	1 units 29,00€
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\* Served with Maria's African rice

## Vegetarian

Spinach & ricotta lasagna Aubergine, courgette, tomato & mozzarella lasagna Vegetable linguine	p/ p 22,00€
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\*Also available, by request, vegetable cataplana or curry.

\* Ask for Vegan options

## Children's Menu

(only available for children under the age of 10)

FISH FINGERS <b>OR</b> CHICKEN IN BREADCRUMBS <b>OR</b> HAMBURGER, all served with french fries	13,50€
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BOLOGNESE choose from Penne or Spaghetti, served with parmesan cheese	13,50€
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## Side dishes

MARIA'S AFRICAN RICE	7,50€
BASMATI RICE	5,00€
MIXED DRESSED SALAD	5,00€
TOMATO & ONION DRESSED SALAD	4,50€
MONTANHEIRA SALAD	5,00€
FRENCH FRIES <b>OR</b> SAUTÉED POTATOES	6,00€
SWEET POTATOES FRIES	6,00€
POTATO WEDGES	6,00€
FRESH GREEN VEGETABLES	7,50€
FRESH SPINACH	5,00€

# menu

## Couvert

Pão, manteiga, azeitonas, vinagre balsâmico, azeite e patê caseiro do chefe p/ p 4,50€

## Entradas

SOPA DO DIA	7,00€
MELÃO COM PRESUNTO SERRANO	12,00€
LULAS À MARIA'S	15,00€
CALAMARES DE LULAS FRESCAS com molho tártaro caseiro	15,00€
GAMBINHAS COZIDAS (150gr)	15,00€
ABACATE COM CAMARÃO	16,00€
QUEIJO DE CABRA GRELHADO em crostini regado com mel e laranja, servido com rúcula	17,00€
TEMPURA DE CAMARÃO com molho agri-doce	17,00€
CEVICHE DE ROBALO servido com abacate fresco	17,00€
SALADA DE POLVO pimentos picados, cebola roxa e molho de gaspacho	18,00€
TORRE DE SALMÃO FUMADO E ABACATE	18,00€
CAMARÕES "AL GUILLO" salteados em azeite e alho, flambeados com conhaque e vinho branco	19,00€
AMÊIJOAS À BOLHÃO PATO à algarvia, abertas na frigideira com alho, azeite e coentros	24,00€
CAMARÃO DA COSTA À MARIA'S	2 unids 26,00€
SASHIMI (atum, salmão ou 50/50)	8 peças 16,00€

## Saladas

CÉSAR (bacon incluído) com peito de frango com camarão	12,00€ 16,00€ 20,00€
(avise-nos se gosta com anchovas )	
NIÇOISE DE ATUM com atum fresco - 10,00€ suplemento	16,00€
SALADA TRICOLORE mozzarella fresca, abacate, tomate, pesto, vinagre balsâmico e azeite	16,50€
SALADA DE CARIL DE FRANGO peito de frango com molho de caril e maionaise	16,50€
SALADA POKE BOWL (simples) quinoa, manga, tomate cherry, abacate, pickles de pepino, couve roxa, cebola frita e caramelizada, feijão edamame, sementes de sésamo.	16,50€
com tofu com salmão ou atum	19,00€ 22,00€
Escolha entre o molho poke ou maionese sriracha, servidos à parte.	
TAGLIATA DE CARNE (mal passado) bife de vazio americana fatiada, com cogumelos, tomates cherry assados, com salada rúcula e lascas de parmesão, temperado com um molho ligeiro	25,00€
1/2 porção	15,00€
(Por favor escolha o seu molho com ou sem trufas)	
SALADA KYOTO - Porção de salada de acompanhamento feijão edamame, grão de bico, manga em cubos e pepino num molho de salada ligeiro	12,50€

## Carne

FRANGO ASSADO À MARIAS (piri piri)	16,00€
HAMBURGUER GOURMET À MARIA'S hamburger feito com carne Black Angus guarnecido com cebola frita, bacon, queijo cheddar derretido, tomate e alface	17,00€
COSTELETAS DE BORREGO GRELHADAS	33,00€
VAZIA AMERICANA BLACK ANGUS fatiada e servida com tomates cherry, numa tábua de madeira escolha entre molho de pimenta, cogumelos ou bearnaise	42,00€
"SURF AND TURF" COM CAMARÃO	10,00€ suplemento

\* Todos os pratos são servidos com batata fritas ou batatas novas

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# Marias

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RESERVAS

**289 358 675**

Chamada rede fixa nacional

Aberto  
diariamente  
das 12h30  
até tarde



Wi-Fi



@marias\_algarve

A gorjeta é do seu critério e será  
compartilhada entre todos os funcionários

## Peixe e Marisco

SARDINHAS	19,00€
SALMÃO	24,00€
LULAS	24,00€
ROBALO	34,00€
DOURADA	34,00€
ESPETADA DE TAMBORIL COM CAMARÃO	34,00€
PREGADO	37,00€
LINGUADO	41,00€

\* Todas as refeições de peixe são servidas com batatas fritas ou batatas novas

\* Pregado e robalo podem ser servidos panados

OSTRAS (6) - quando disponível	24,00€
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### LINGUINE

salmão e camarão	24,00€
frutos do mar	24,00€
com 2 camarões da costa	29,00€

FILETE DE SALMÃO NO FORNO servido com molho holandês, puré de ervilha e batata nova	24,00€
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CARIL DE CAMARÃO servido com arroz africano ou arroz basmati, poppadom e molho caseiro de manga, escolha pouco ou meio picante!!	26,00€
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CARIL THAI DE PEIXE servido com arroz basmati	27,50€
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TRIO DE PEIXE servido com batatas novas e vegetais	29,00€
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FILETE DE GAROUPA GRELHADO servido com batatas salteadas, tomate cherry, espinafres, acompanhado de molho mediterrânico	35,00€
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ATUM FRESCO servido sobre uma cama de batatas salteadas ao estilo mediterrânico	36,00€
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ARROZ DE TAMBORIL	para 2 pax	59,00€
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ARROZ COM CAMARÃO TIGRE 2 CAMARÕES	para 2 pax	60,00€
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ARROZ COM CAMARÃO DA COSTA 3 CAMARÕES	para 2 pax	48,00€
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CATAPLANA DE PEIXE À ALGARVIA	para 2 pax	59,00€
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## Camarões

CAMARÃO DA COSTA À MARIAS	3 unid.	39,00€
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CAMARÃO TIGRE (grelhado ou frito)	1 unid.	29,00€
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\* Servidos com arroz Africano à Maria's

## Vegetariano

p/ p 22,00€

Lasanha de espinafres & ricotta  
Lasanha de beringela, courgette, tomate & mozzarella  
Linguine de vegetais

\* Está disponível cataplana ou caril de vegetais

## Menu de Criança

(disponível apenas para crianças com idade inferior a 10 anos)

DOURADINHOS COM BATATA FRITA CASEIRA <b>OU</b> PANADOS DE PEITO DE FRANGO <b>OU</b> HAMBURGUER acompanhado com batata frita caseira	13,50€
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BOLONHESA escolha entre Penne ou Esparguete, servido com queijo parmesão	13,50€
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## Acompanhamentos

ARROZ AFRICANO	7,50€
ARROZ BASMATI	5,00€
SALADA MISTA TEMPERADA	5,00€
SALADA DE TOMATE E CEBOLA TEMPERADA	4,50€
SALADA MONTANHEIRA	5,00€
BATATAS FRITAS <b>OU</b> SALTEADAS	6,00€
BATATA DOCE FRITA	6,00€
BATATAS WEDGES	6,00€
LEGUMES VERDES	7,50€
ESPINAFRES FRESCOS	5,00€